

You know how the Bible says that God never allows us to suffer temptation beyond that which we can bear? And how it says that with every temptation He makes a way to escape it? Well, according to Philippians 4:19, the way to escape wrong, negative, unproductive thinking is to think something else. You can't eliminate bad thinking by saying, "I'm not going to think that." Change can only come by replacing it with something else. So, think on these things...!"